LOWCOUNTRY LOCAL FIRST'S

EAT LOCAL CHALLENGE

MAKE THE SHIFT

LOCAL HABITS SCORECARD

This year we are not only challenging you to shift $10 per week towards local food, but we are challenging you to create local habits. Once the challenge is complete, the local habits you develop will be important in continuing to support our local food system. Go the extra mile and challenge yourself to be a Localist!

Use this scorecard to record your daily local habits. Strive to get more points each week. The person and team with the most cumulative points at the end of the challenge will win one of our great prizes!

Turn your completed scorecard into
eatlocalchs@lowcountrylocalfirst.org
and complete the exit survey by May 8th to be eligible to win.

LOWCOUNTRY LOCAL FIRST .ORG

#EatLocalChs

APRIL	PTS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
Eat a locally grown fruit	1																														
Eat a locally grown veggie	1																														
Drink a locally roasted coffee or locally grown tea	1																														
Drink a local libation	1																														
Post about your Eat Local Challenge experience to your social media accounts and use the hashtag #eatlocalchs. (max of 8pts each day)	1																														
Host or attend an all local dinner/potluck with friends	2																														
Eat at a local restaurant (see our LLF directory for ideas)	2																														
Shop in the local section of your grocery store	2																														
Purchase food from a farmer's market	3																														
Attend an Eat Local Month sponsored event	3																														
Use the Eat Local Challenge Facebook cover photo for the entire month of April	3																														
Eat only locally grown and sourced foods for the entire day	5																														
Sign-up for a CSA (community supported agriculture)	10																														
DAILY TOTAL																															
WEEKLY TOTAL																															