

LOWCOUNTRY LOCAL FIRST'S

# EAT LOCAL CHALLENGE

MAKE THE SHIFT

## SCORECARD

**A**gribusiness is SC's largest industry however over 90% of our food is still imported. Choosing to eat locally grown and produced food affects our environment, our health, our communities and our local business economy. The goal of the Eat Local Challenge is to help consumers "Make the Shift" in their choices, their spending and their overall local food consumption.

Use this scorecard to record your weekly shift in dollars to locally grown and sourced food options. We are asking participants to pledge to shift \$10 or more of their weekly food spending towards our local food system. We are challenging you to eat food sourced as close to home, and within the state of South Carolina.

Turn your completed scorecard into [eatlocalchs@lowcountrylocalfirst.org](mailto:eatlocalchs@lowcountrylocalfirst.org) and complete the exit survey by May 8th to be eligible to win.



#EatLocalChs



WEEK 1: APRIL 1-7	\$ SPENT ON FOOD	\$ SPENT ON LOCAL FOOD
WEDNESDAY		
THURSDAY		
FRIDAY		
SATURDAY		
SUNDAY		
MONDAY		
TUESDAY		
<b>TOTAL NUMBER</b>		

WEEK 2: APRIL 8-14	\$ SPENT ON FOOD	\$ SPENT ON LOCAL FOOD
WEDNESDAY		
THURSDAY		
FRIDAY		
SATURDAY		
SUNDAY		
MONDAY		
TUESDAY		
<b>TOTAL NUMBER</b>		

WEEK 3: APRIL 15-21	\$ SPENT ON FOOD	\$ SPENT ON LOCAL FOOD
WEDNESDAY		
THURSDAY		
FRIDAY		
SATURDAY		
SUNDAY		
MONDAY		
TUESDAY		
<b>TOTAL NUMBER</b>		

WEEK 4: APRIL 22-30	\$ SPENT ON FOOD	\$ SPENT ON LOCAL FOOD
WEDNESDAY		
THURSDAY		
FRIDAY		
SATURDAY		
SUNDAY		
MONDAY		
TUESDAY		
WEDNESDAY		
THURSDAY		
<b>TOTAL NUMBER</b>		